

Aran

COMMERCIAL GROUP



▷ Apple

Apples play an important role in the immunity of the body and are very popular among people. Not only is apple an alkaline fruit and high in fiber, C vitamin and antioxidants, but also it makes you feel satiated, as it is low in calories and fat, recognized as the best snack for all people with different tastes.



▷ Types of Apples

Yellow apple (Golden Delicious): Yellow apple, also known as Golden Delicious, is a very sweet, and popular fruit also used in herbal medicines and the treatment of various problems, owing to its high nutritional values. Golden Delicious is a rich source of soluble fiber, which is very useful for reducing cholesterol, regulating blood sugar and controlling weight. The peel of the Golden Delicious is firm coupled with a fragrant flesh.

Pippin Apple: This summer fruit is warmer than other apples and contains vitamins A and B, potassium, folic acid, etc. Helping the Gastrointestinal function, reducing cholesterol and heart disease, preventing cancer, this type of apple is quite nutritious. The peel of Pippin apple is thicker than other apples. Therefore, it retains its flavor and aroma.





Red delicious: Red delicious is very tasty, sweet and rich in properties, which is very popular, and the dark red color of the peel contains a large number of antioxidants, playing an important role in strengthening the immune system of the body and preventing autoimmune diseases.

Fuji apples: This is a famous cultivar of apples grown by propagation. It is quite big and almost round with a red skin and a hard texture. Its compact and hard texture keeps it intact.

Gala apple: This type of apple is very delicious along with a sweet and fragrant taste. It is small with a thin skin and red color and greenish streaks.

Green apple (Granny Smith): One of the most nutritious fruits is green apple, consuming it with an empty stomach contributes to the health of the brain, weight loss, skin health, regulation of the digestive system, and prevention of Diabetes. These apples have a special taste with a crisp and juicy texture.

Storage conditions: Green apple retains its properties well in the refrigerator with a longer shelf life.

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▷ Packaging

Aran Company uses eye-catching and durable packages such as laminated cardboard boxes for packaging apples, applying 5-to-7-ply cardboards for transportation, so that the apples are delivered safely to customers. One of the features of this packaging is the presence of holes inside the packages, which provide the possibility of ventilating inside them in order to prevent them from spoiling and decay.





▷ Kiwi

Having a brown peel with a green flesh, Kiwi is rich in C vitamin as the black seeds contain vitamin D and magnesium, reducing the risk of some cancers and heart attacks. This fruit prevents the development of Anemia by increasing the absorption of iron. Treating the insomnia, reducing the risk of blood clots and stroke, preventing the cancer and treating the stress, Kiwis are highly nutritious. Last but not least, Aran Trading Company provides Kiwis with the highest quality and at the best conditions.

Hayward Kiwi: Hayward Kiwi is one of the most popular cultivars of kiwi. It has a fluffy brown skin that becomes very sweet and juicy when fully ripe. The size of each Hayward kiwi is large, about 100 grams. This product has a longer storage capacity compared to other cultivars due to its high quality.

Red Kiwi: Red Kiwi is a rare species of kiwi whose fruit is red with a sweet taste and soft texture. These kiwis are small and with thin skin. Delicious fruit, good taste and high nutritional value are important specifications of red kiwis.



Green Kiwi: This type of kiwi is available in all seasons and, like other kiwis, has a hairy brown skin. They are 5 to 8 cm long and usually 4.5 to 5.5 cm in diameter. All parts of this type of kiwi can be consumed including its skin.

Yellow or golden kiwi: Yellow kiwis are grown in the tropics and are more resistant to cold compared to other fruits. These kiwis are the smallest and sweetest cultivars of kiwi that are very popular.





▷ Packaging

Kiwis are packaged in baskets and cardboard boxes. Basket and cardboard boxes are then packed based on different weights as follows:

- 2.5 kg
- 4 kg
- 7 kg
- 10 kg

Baskets or cardboard boxes normally hold 70 kg or more, while other packages are made based on specific weights and delivered to customers.





▷ Oranges

Orange is one of the citrus fruits. The natural oranges used to be small, bitter and full of kernels, which were bigger and sweeter due to genetic engineering as well as choosing a better variety and sufficient fertilizer. Some properties of oranges include as follows:

Strengthening the immune system, preventing viral infections, reducing cholesterol and the risk of stroke, etc.



▷ Types of oranges


Navel Orange: Having a smaller fruit inside, this fruit is high in fiber, which helps regulate blood sugar and prevent bowel cancer. Navel oranges have long shelf life not to mention the properties. This orange falls into two categories named as “Washington Navel” and “Thomson Navel”.

Washington Navel: This orange is the mother of many navel oranges in the world and its fruit is large and heavy. This delicious fruit is fast ripening and has a thick skin which is approximately 200 to 500 grams.

Thomson Navel: Thomson Navel is smaller than Washington Navel, also having a thinner, smoother, paler skin. The fruit is weak on the tree in terms of durability and will quickly lose quality. However, it can be stored for long and is less resistant to cold and heat compared to Washington Navel.

Valencia Orange: If you like the sweet-and-sour taste, try Valencia orange. This orange has a firm, fleshy and juicy texture. Oranges are a favorite of chefs around the world because of their sweet-and-sour taste. Valencia oranges are round and oval, and they have thin but rough skin and its prominent glands contain aromatic essential oils that drives you mad. If you are a fan of orange juice, Valencia could do best for you.





Blood oranges: Blood orange is a type of orange whose flesh is blood-colored. This type is usually smaller than ordinary oranges. The dark color of this orange is due to the presence of anthocyanin, common pigment to lots of flowers and fruits, but is rare and uncommon in citrus fruits. Moreover, the varieties include moro, tarocco and sanguinello.

▷ Packaging

Oranges are placed in boxes, wooden cardboard boxes and baskets with special protectives. Such cardboard boxes are of multi-ply cardboards including 5 and 3 layer in 2, 3 and 4 rows.



▷ Cucumber

Cucumber is a four-season fruit which has a light and dark-green color, with a thin skin. Rich in moisture with small edible grains inside, cucumber is highly recommended as it contains a significant amount of potassium to control blood pressure. Cucumber is 95% water, so it is a good hydrator that eliminates fatigue, dizziness and headaches.

▷ Types of cucumbers

Cucumber is a four-season fruit which has a light and dark-green color, with a thin skin. Rich in moisture with small edible grains inside, cucumber is highly recommended as it contains a significant amount of potassium to control blood pressure. Cucumber is 95% water, so it is a good hydrator that eliminates fatigue, dizziness and headaches.



Greenhouse cucumber: This type of cucumber is suitable for parties or daily consumption. Greenhouse cucumbers rot very quickly, despite their beautifully elongated appearance, dark green color, and the very smooth skin. Greenhouse cucumbers are usually grown in the fall and winter.

Prickly Cucumber: This type is one of the best cucumbers available and suitable for pickles due to its unique and crunchy taste and freshness. Prickly cucumber is an annual and ascending plant that reaches 3 meters. Some people use it for cure and prevention of diseases.

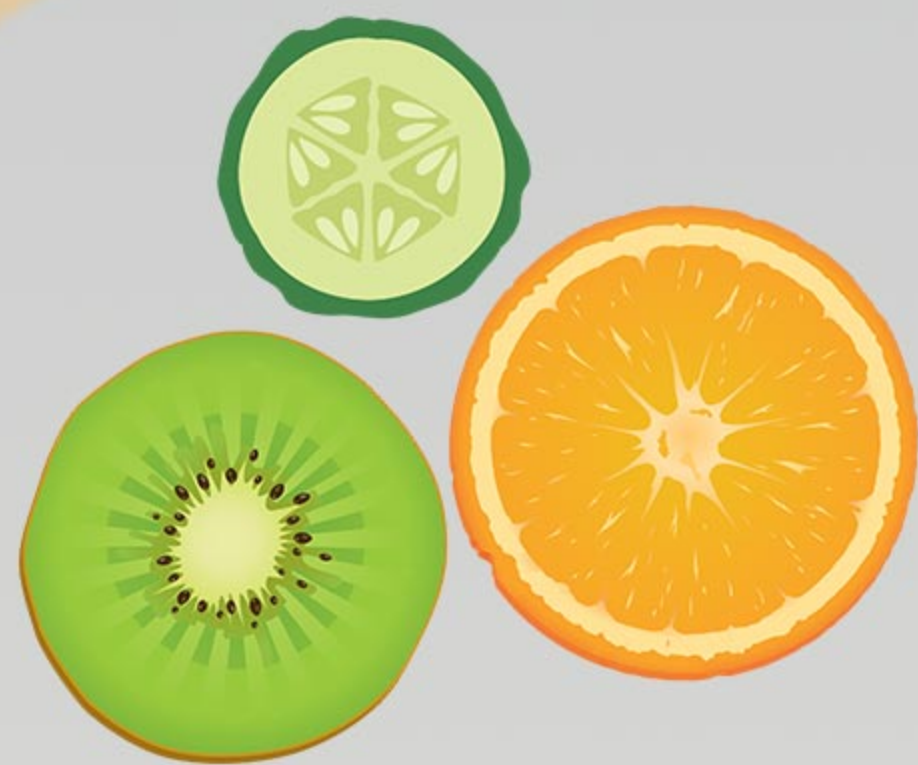
▷ Packaging

Due to the fact that cucumbers have a very delicate skin, the boxes used for packaging are made of strong cardboard, and special paper is used between each row of cucumbers for packaging fruits and vegetables.

Packaging is done in such a way that the safety of the product in the cardboard box is well maintained both in terms of bacterial and microbial penetration.

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